Autumn week 3

W/C 16 Sep, 7 Oct, 28 Oct, 18 Nov, 9 Dec





Monday	Tuesday		Wednesday	Thursday		Friday	
Main Meal Choice	Main Meal Cho	bice	Main Meal Choice	Main M	leal Choice	Main Meal Choice	
Chilli Con Carne served with rice	Macaroni cheese top	ped with Chick	ken curry served with rice,	Beef casserole	e with mixed veg	Battered cod served with chips	
and nachos	crispy bacon served v	vith garlic naan	bread and mango chutney	and saut	ed potatoes	and mushy peas or baked beans	
	bread						
		Veter		Vere			
Vegetarian Option	Vegetarian Opt	tion	Vegetarian Option	Vegetar	ian Option	Vegetarian Option	
Veggie chilli served with rice and	Macaroni cheese ser	ved with Ve	eggie curry served with	Quorn beef	casserole with	Vegetable pasty, chips and	
nachos garlic bre		save	oury rice and naan bread	an bread mixed veg and sauted potatoes		beans	
		Direction of the second	Ce	Vette			
Chocolate cake Vanilla & berry chees		ese cake	Oat cookie sandwich	Chocolate puc	Iding served with	Strawberry angel delight with	
				chocolate sauce		fresh strawberries	
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Daily Specials							
Jacket potatoes with various fillings, choice of panini, pizza or a daily special							
Chiller Bar A selection of freshly made pasta pots, sandwiches, baguettes, bagels, fresh fruit and yoghurts							
Pasta King							
Pasta spirals with a choice of sauces							
Allergens Symbols Key:							
Gluten	Fish	e	Milk	SO2	Sulphur Dioxide		
Nuts	Mu Must	ard	Peanuts	22	Crustaceans (crab, prawn)		
Lupin	Egg		Sesame		Molluscs (mussels, squid etc)		
Celery and Celeriac			Soy Beans and S	Soy Beans and Soya			

