

# GAMING AND GAMBLING AWARENESS SESSION FOR PARENTS AND CARERS



Ygam are working with Nottingham City Council and Nottinghamshire County Council to offer an online information session to help develop your understanding of gaming and gambling harms, enabling you to have open conversations with your children.

## Workshop overview:

- Gambling: exploring the influences on children and young people
- Gaming: discussing the benefits and concerns
- The blurred lines between gaming and gambling
- How to spot the signs of harm
- Useful tips to create a healthy gaming balance
- Where to get help and support

We also have a dedicated Parent Hub which aims to provide information and guidance to help you safeguard your children against the potential harms of gaming and gambling. Find out more here: [parents.ygam.org](https://parents.ygam.org)

WHAT MIGHT  
INFLUENCE A  
YOUNG PERSON  
TO GAMBLE?

WHAT IS  
A LOOT  
BOX?

WHY ARE  
IN-GAME ITEMS  
SO IMPORTANT  
TO YOUNG  
PEOPLE?

Register for your **FREE** place now!

**DATE:** Monday 2 December 2024

**TIME:** 6pm - 7:15pm

**VENUE:** Microsoft Teams

To register, please scan the QR Code or click [here](#).

